

Oneness In Peace Ecumenical House of Prayer and Spiritual Center

49 Main Street, Germantown, NY 12526 Tel: 518-537-5678

[info@onenessinpeace.org](mailto:info@onenessinpeace.org) E-mail: [www.onenessinpeace.org](http://www.onenessinpeace.org)

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**NOTE: Retreat information and registration form are at the end of the program listings.**

**PEACE PRAYER GATHERINGS**

**FOR PERSONAL, NATIONAL and GLOBAL NEEDS**

8:00 TO 9:00 AM

Coffee and companionship to follow.

20082009

September 20

November 22

January 3

May 16

October 11

December 13

March 21

June 13

April 18

July

August 8

Prayer gatherings include: Opening Ritual, Hymn, Psalm, Scripture Reflection, Quiet Communal Prayer

**TRINITY AWAKENING PRAYER**

First and Third Tuesdays

September to December and April and May

7-8 pm

All welcome

Free Will Offering

Awakening the Father experience thru Centering Prayer, deepening the experience of Jesus through Lectio Divina, awakening the Holy Spirit through Breathe In God discipline, Way of the Holy Spirit (a CD), and Tai Chi Chih practice.

Prayer Leader: Ann Gallagher has presented introductory workshops in Centering Prayer and has been a facilitator of Centering Prayer groups for 20 years. She is also an accredited Tai Chi Chih teacher.

**MAKE A DIFFERENCE:**

**BE PART OF THE SOLUTION FOR PEACE**

Create a more peace filled environment through Contemplative and Intercessory Prayer

First and Third Wednesdays

September thru December and April thru August

12:30 to 1:30 pm

All welcome

Free Will Offering

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## PEACE AND NON-VIOLENCE Are Possible for Young People Through the Innovative **H.O.P.E. PROGRAM** Holistic Orientation for Peace Education Enhancement Curriculum Program

Nov. 22, 23 '08	Sat./9:30 am-3:00 pm	Sun./10 am-3 pm
April 15, 16 '09	Wed./9:30 am-3 pm	Thurs./9:30 am-2:30 pm
May 30, 31 '09	Sat./9:30 am-3:00 pm	Sun./10 am-3 pm
June 27, 28 '09	Sat./9:30 am-3:00 pm	Sun./10 am-3 pm
Aug. 1, 2 '09	Sat./9:30 am-3:00 pm	Sun./10 am-3 pm
Aug. 26, 27 '09	Wed./9:30 am-3 pm	Thurs./9:30 am-2:30 pm

( Registration deadline: Sunday prior to Program)

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Sr. Linda Neil, CSJ former Principal of Our Lady of Mt. Carmel School, Schenectady, NY and Holy Innocents School, Neptune, NJ, states this program

*“weaves together prayer, “energetics”, the arts, community and ecology in an inspired, powerful way that touches children, their teachers and parents at a profound level and helps them embrace **being peacemakers.**”*

In today's violent, stressful, peer pressure society youngsters must realize that peace and non-violence are possible. They need to have greater self-confidence about themselves and who they really are.

The H.O.P.E. Program offers solid, practical ways to help young people live non-violently and become confident, compassionate citizens who are children of a loving God.

H.O.P.E. focuses on helping youngsters discover and move from the presence of peace within themselves, relate peacefully with others and reverently and respectfully with all creation. Applicable to every age group.

We are conveniently offering this unique and highly successful two-day program six times in 2008 and 2009.

Fee: \$185/person/2 day session

Bring lunch. Beverages available.

Materials requirement: Revised edition: Peace Begins With Me: Empowering Children to Be Peacemakers. (Purchasable at the Oneness in Peace Center.)

Overnight accommodations available for a separate fee.

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## **BORN FROM ABOVE: HEAVEN ON EARTH**

The Breathe In God ascent discipline develops mastery and the Physical Presence, when combined with Centering Prayer (Christian Zen) discipline of receptive Descent, awakens over time a Heaven On earth reality or Birth From Above. Lectio Divina or deepening meditation on words of Truth completes our Trinity Awakening and are the core disciplines of each of these Saturdays.

Cost: \$60 each Saturday or Entire Program (7 Saturdays) \$300

Time 9:30 am to 3:30 pm Lunch included

Registration deadline: One week prior to program event

September 6 Trinity Awakening Disciplines – learn the essentials

October 4 Prophets of a New Mind: Father Teilhard de Chardin, Apostle John, Sri Aurobino, Eckert Tolle

November 1 Date change to be announced – Call Center

December 6 The Enneagram: God's gift of wisdom teaching you what your mind is – this path reconciles dichotomy into virtues

April 3 Light systems of the old religions: Understanding and Embodiment practiced

May 1 Kabbala Lights of the Tree of Life: Adam Kadom – divine Personality – True Freedom

June 5 HEAVEN ON EARTH: CREATE THE KINGDOM (my book) study based on the experience you now have.

Presenter: Fred Gallagher: Program director, Emmaus House, NYC

Teacher/Spiritual director, Arica Institute, San Diego

In charge of starting College of Tao, Los Angeles

Matigiri, Mt. Tremper, NY 35 years devoted to evolving New Mind

Author: Heaven On Earth: Create The Kingdom

For further information on all program offerings contact the Oneness in Peace Center at 518-537-5678.

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## *Visiting our area?*

See our information on accommodations following our program listings.

We have a beautiful *Victorian* home offering overnights with continental breakfast as well as our more private *Guest House*.

Note: Further information is available at the end of this web site after our program listings or call 518-537-5678 or E-mail: [info@onenessinpeace.org](mailto:info@onenessinpeace.org)

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## *Hermitage Day*

Call/e-mail for current dates 10:00 am to 7 pm

Cost: \$60 Food and beverages included

Reg. deadline: Two weeks prior to program

Welcome to a Hermitage Day of Prayer and rest in God. The Hermitage day offers the opportunity for silent prayer and reflection in a peaceful setting. In the solitude of silence, each person is free to listen to God and follow their own natural rhythm as to how to spend the day.

The schedule begins with a gathering of participants and with an explanation of the meaning of the Franciscan Hermitage Rule for the day. Food will be available. You can use all the rooms of the hermitage, including the bedrooms to rest, pray, read, journal, do art, or to “just be”. Energy work, art materials and spiritual conversation is available as desired. At the end of the day there will be a sharing experience and closing prayer.

Presenter: Ann Wahl, OSU is a Certified Healing Touch Practitioner and Reiki Master

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**Sea to Sea: Bicycle for Poverty**

October 28 6:30 to 7:30 pm

No fee/Good will offering

Registration deadline: One week prior to program

More than 200 cyclists rode during the summer of 2008 in what may be the largest bike tour ever to cross North America. As part of this group, our presenter hoped to bring awareness and aid in funding initiatives to alleviate poverty, domestic and abroad. Come listen to her discuss the program, the people, the places and the challenges.

Presenter: Joanna Tipple is an ordained minister of the Reformed Church of America

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Comfortable verandas, private spacious pool, gracious grounds and peaceful meditation glen with screened gazebo ... the perfect setting for rejuvenation and relaxation. See our affordable accommodations in either our *Victorian* home or our more private *Guest House* at the end of our program offerings

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## **REIKI I: First Degree Reiki Practitioner**

June 20 9:30 am to 5:00 pm

June 21 10:30 am to 4:00 pm

Cost: \$200 (Register by May 30/\$180) Lunch included.

Optional booklet - \$15 Certificates will be given

**Registration deadline two weeks prior to event**

## **Reiki II: Second Degree Reiki Practitioner**

Call/E-mail for program dates.

Optional booklet - \$15 Certificates will be given

Reiki is a system of healing using energy described as God's energy, universal life force, or love. Akin to the ancient practice of laying on of hands, Reiki promotes deep relaxation and inner peace, and stimulates the body's own ability to heal.

In the two-day **Reiki I** class for beginners, you will learn the history and principles of Usui Reiki, the hand positions for a complete treatment, and guidelines for practicing Reiki on yourself and others. You will be attuned to the Reiki energy and will practice giving treatments.

**Reiki Level II** is available for those who have completed Reiki I in the Usui Reiki tradition. During this two-day class you will gain additional healing capacity, learning how to send healing from a distance, mental and emotional healing, and sending healing to situations and to the earth.

In **Reiki II** you will practice the Reiki symbols, receive Level II attunements, and give treatments. Also, you will receive various handouts pertaining to having your own Reiki practice.

Guide: Anne Dolen, Reiki Master Teacher has practiced Reiki since 2003. Over the last 20 years, she has also studied Therapeutic Touch, Integrated Energy Therapy, and Light Energy Meditation and Healing, as well as other healing techniques. She studied with Jon Terrell, former president of the School of Actualism, learning to use different energies in meditations and healing.

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**Releasing the Gift of Healing Touch**

November 15 10:00 am to 4 pm

Cost \$50 Lunch included

Reg. deadline: Ten days prior to event

Come and experience the interconnectedness of mind, body, spirit. Learn techniques of hands on energy work in keeping with the Christian faith and practical ways to find balance in one's stress-filled life. Healing Touch is used for relaxation, pain reduction, to help decrease the side effects of chemo, and to bring clarity and harmony in one's body, mind, spirit connection. Healing Touch moves with gentleness from a caring centered heart.

Presenter: Ann Wahl OSU is a Certified Healing Touch Practitioner and Reiki Master

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**Coping with Anxiety**

November 15<sup>th</sup>, 2008 7 pm – 8:30 pm

Cost: \$15 Refreshments available

Reg. deadline: One week prior to program

With the many stressors in our lives today, many people are experiencing an increase in anxiety, anxious feelings and worrisome thinking. Panic attacks, stomach aches and difficulty sleeping are just a few of the problem areas being experienced today. This workshop will discuss how stress impacts our body, mind and spirit. Specific techniques will be taught to increase relaxation and to decrease one's anxiety.

Facilitator: Ann Wahl OSU, Licensed Clinical Social Worker with over 15 years of experience working in the field of mental health as a therapist.

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**NOTE: Retreat information and registration form are at the end of the program listings.**

## **An Invitation to Meet the Apostle Paul** **Who is Paul?**

This presentation will be interactive and will ask “Paul, who are you?” This question will have us looking at Saul, the Jew; Saul, the Pharisee; Saul/Paul, the citizen; Paul, the visionary and as some would say, Paul, the Founder of Christianity.

November 22 10 am to 3:30 pm

The fee is \$50 and includes lunch.

Registration deadline is November 15.

Presenter: Phyllis Taddeo has led a monthly Bible Book Club for over three years. She has completed a two year certification program, Formation for Ministry, from the Albany, NY Diocese and completed a number of workshops on the Old and New Testaments as well as St. Paul.

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## **Stress Out, Stretch Out, Space Out** **Into the Gift of Emmanuel**

December 13 10:00 am to 3:30 pm

Cost: \$50 Includes lunch

Reg. deadline: Two weeks prior to program

Living in the midst of a violent and frenzied world gift yourself with the unfolding experience of being with the sacred mystery of Emmanuel in yourself and in a community of believers. In a prayerful, contemplative spirit we will weave together our day of being with Emmanuel. Focusing on the theme, space will be provided to de-stress and experience relaxation techniques, to move into personal and communal prayer as well as reflective listening and sharing. This Advent take time out to heal and help yourself be a presence of Christ's peace in your daily life.

Presenters: Co-directresses of the Center

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### **The Concept of Peace**

March 21 10:30 am to 3:30 pm

Cost: \$45 Lunch included

Reg. deadline: One week prior to program

Overview of the concept of peace and a brief discussion of different faith tradition's understanding of Peace. How can we practice peace in our daily lives? Our presenter will guide you through imagery exercises.

Presenter: Joanna Tipple, M. Div received from New Brunswick Theological Seminary, NJ; Ordained Minister of the Reformed Church of America; Received training in Spiritual Direction via the Tree of Life Program sponsored by the United Methodist Church.

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### **Teaching Children to Pray**

April 28 10 am to 3:30 pm

Cost: \$50 Lunch included

Reg. deadline: Ten days prior to program

We provide our children with "roots and wings" when we teach them to pray not just prayers. If we converse with God, we need to listen as well as talk. This workshop uses various methods, including guided meditation, to get in touch with the different intelligences of children as well as the adults who love them in order to develop a stronger relationship with God. Beginning as young as pre-school, children can learn techniques that work for them. Most of these will work for adults, too.

Presenter: Eva Swiontkowski-deNardis M. Div, a catechist for thirty years, gained Level I (3-6 yr old) certification in the Catechesis of the Good Shepherd (2002)& has studied with the "Companions in Prayer" scholarship program sponsored by Loyola Press (2007-2009). Currently Parish Life Director of Resurrection RC Parish in Germantown, NY.

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## **Pathways to the Sacred:**

### **Creativity and Creation**

June 13 10 am to 3:30 pm

August 8 10 am to 3:30 pm

Cost: \$50/each one day session/includes lunch

Reg. deadline: Ten days prior to sessions

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Isn't it time to nourish your spirit? An invitation:

To awaken and affirm your own God-given gift of creativity\

To contemplate the wonders of our Master Artist's creative love expressed in each member of our earth family

To create with guidance a visual metaphor of your reflective listening experience

To be enriched by participant's shared stories and creative expressions

To celebrate with praise and thanksgiving our Creator for your own personal creative life and energies and our One Life in community with all earthlings.

Presenter: Vergilia Jim osf, Contemporary Artist

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## **Pilates and Massage**

April 19 Noon to 5:00 pm

Cost: \$40 for a 40 minute private session

Comfortable clothing for ease of movement

Appointment deadline : April 5

Our presenter will offer a private introduction to Pilates mat exercise and chair massage/Shiatsu (stretching, meridian and acupressure point work, done on mat) in a forty minute private session.

Presenter: Stephanie deNardis is a Certified Authentic Pilates Instructor and Licensed Massage Therapist

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**Peace: Breathing In,**  
**Breathing Out the Sacred**

- GUIDED HOLISTIC RETREAT -

Offered on two separate occasions during summer 2009

July 12 through 18

August 9 through 15

Registration deadline: Two weeks prior to retreat

Participate in the full retreat or come for just a day or two.

Cost: \$355 to \$395 (Full retreat & accommodations)

Cost: \$65 (one day retreat/add \$30 for overnight stay)

Full retreat arrive after 4 pm, supper at 6:15 pm. Departure after brunch.

Experience the opportunity to deepen your relationship with God, to have a greater ability to focus in the midst of a complex, stress filled and 'work without end' society and grow in moving from a more contemplative stance in response to multiple activities.

There is an ever increasing consciousness of Breath as the essential life-giving force in all Healing Arts. In the tradition of the Christian Faith, Breath is also the Living Spirit of God that gives life and meaning to all that we are and all that exists.

In the Healing Arts the scientific research findings of Dr. Caroline Myss, a medical intuitive, confirm the fact that our human and spiritual energies are one flow of life (Anatomy of the Spirit). There is no dichotomy between them. In the Christian tradition, St. Paul clearly proclaims that in God we live, move and have our being. With these truths as our foundation you are invited to journey mindfully and contemplatively through these sacred days.

The fabric of this week includes:

- Daily presentations/Evening gathering circle
- Mindful movement to harmonize body, mind, spirit
- Personal Contemplative Prayer/Communal Prayer
- Reflective journaling Exploring self-helps for wellness
- Being one with our earth community

Presenters: Co-directresses of the Center

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**Celebrating Life With Our God**

**Abiding In Us and Among Us**

- GUIDED HOLISTIC RETREAT -

Offered on two separate occasions during summer 2009

July 24 through 26

August 21 through 23

Registration deadline: Two weeks prior to retreat

Cost: \$155 to \$175 (Includes accommodations)

Full retreat arrive after 4 pm, supper at 6:15 pm. Departure after brunch.

Moving with the Franciscan Faith Tradition of one “Our” Father, one Creator of all that is, retreatants will be able to appreciate more deeply our connectedness, our relatedness and our at homeness with our Earth Family.

These days will focus on consciously walking on our Mother Earth in the mini park of our Center and being in touch with our brother and sister earthlings as well as with ourselves. It will be an experiential celebration through sight, sound and touching of our Earth Community.

This weekend will include:

Sessions Reflective listening and journaling

Evening Gatherings

Presenters: Co-directresses of the Center

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## Registration Information:

### **One Day Saturday Programs:**

Kindly register by Monday before the up-coming Saturday program. Suggested Offering - \$50 (unless otherwise indicated). Lunch & beverages included.

### **Two Day Programs:**

Offering specified. Lunch available for a fee of \$7.50. Beverages available.

### **Retreat Offering:**

Weekend \$155-\$175; Week \$355-\$395 (unless specified otherwise).  
Accommodations included.

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**Program/Retreat Deposit:** One third non-refundable.

### **All Retreats:**

Arrival after 4:00 pm for 6:15pm supper.

Departure after 11am brunch (unless otherwise indicated).

### **Inquiries/Registration:**

Mail: Oneness in Peace Spiritual Center, 49 Main Street, Germantown, NY 12526

Telephone: 518.537.5678 or E-mail: [info@onenessinpeace.org](mailto:info@onenessinpeace.org)

Discount for Religious Sisters.

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## **REGISTRATION FORM** *Please use one form per person.*

Event for which you are registering: \_\_\_\_\_

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Daytime Telephone: \_\_\_\_\_ Evening Telephone: \_\_\_\_\_

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***Coming to our area? Stay with us.***

## ***A Beautiful Oasis of Quiet Caring...***

A place for ...

sabbaticals, dissertation writing, visiting family members,

out-of-town guests, artistic contemplation, spiritual retreats,

simple quiet get-aways, a day or half day . . .

Oneness in Peace Spiritual Center can offer you a time of respite accompanied by gracious hospitality.

## **Victorian Home . . .**

A feeling of community, a friendly environment, a lovely large bay-windowed dining room . . . try our Victorian Home:

Single Room	\$75.00/Daily per person
Double Room	\$59.00/Daily per person
	Continental Breakfast included

## **Guest House . . .**

Looking for more of a private spot, visit our ranch style guest cottage... two bedrooms (one with twin beds, the second with Queen-sized bed), oversized dining-living room, full kitchen, bathroom, private lawn area.

One person	\$49.00/night
Two persons	\$65.00/night
Addit'l persons	\$25.00/ea/night
Weekly Rate	\$325.00/week

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All gifts to the Oneness in Peace Spiritual Center  
are deductible for tax purposes.

**NEED MEETING SPACE?**

*Do you have a business that you'd like to tell others about, expanding and need space to introduce your product, internet business but want to make a presentation? Then get in touch with us!*

Call for availability, information and pricing!

Our **Angel Loft** space can accommodate 40 attendees.

Bright and pleasant meeting space.

Small kitchen/sitting area available for refreshments.

One and a half acre grounds with meditation glen and screened gazebo to enjoy. Short walk to the Hudson River.

*(We regret that our loft is not handicap accessible)*

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**Visit with us – You'll be glad you did.**

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